

07/20/2010

**Amendments to the Specification:****To the Specification:**

Please replace paragraph [0016] with the following amended paragraph:

[0016] FIG.2 is a plan view of the ~~distal~~proximal end of the anchoring element shown in FIG. 1

Please replace paragraph [0053] with the following amended paragraph:

[0053] For convenience in description, the anchoring element 100 will be described with reference to a distal end and a proximal end. The distal end is shown in Figure 1 as the end to the lower right and is the end that is embedded to the greatest depth in bone. The proximal end is the end to the upper ~~right~~left and is the end that may be exposed when the anchoring element 100 is embedded in bone.

**To the Abstract:**

Please add the Abstract that appears on the following page: